

Group Fitness Instructor Job Description

JOB TITLE: Group Fitness Instructor

EDUCATIONAL REQUIREMENTS: High School Diploma or equivalent. CPR required. First Aid recommended. Teaching experience recommended.

CERTIFICATIONS AND REQUIREMENTS: All instructors are required to have one of the following Primary Group Fitness certifications upon employment:

- A.F.A.A. (Aerobics & Fitness Association of America) – Primary Group Fitness certification
- A.C.E. (American Council on Exercise) – Group Fitness Instructor

SPECIFIC FUNCTIONS:

1. Teach a minimum of 2 classes per week to receive a free membership and to be eligible for continuing education allowance.
2. JAC/RAC Instructors cannot teach anywhere else without prior approval from supervisor.
3. Attend required staff trainings.
4. Follow all club policies and procedures.
5. Have a positive attitude about the JAC/JACX, yourself, fellow employees and members.

PERFORMANCE APPRAISAL: quarterly, annual

COMPENSATION: Pay rate is based on an hourly rate.